

### WAKE UP BEAUTIFULLY

If you choose a Hypnos mattress, you are choosing one of the UK's leading brands of hand-crafted beds and mattresses. Founded over 100 years ago by George Henry Keen, Hypnos is still a family run business retaining its family values.

Along with the standard single to super king size options, Hypnos offer a truly bespoke service. Where a choice of mattress tensions is offered, double mattresses and larger can be made with dual tensions at no additional cost. They will also make any non-standard sizes tailored exactly to your requirements. Emperor size beds (215cm x 215cm) are almost part of the standard offering. The bespoke service also includes Hypnos divan bases. They offer base splitting, base quartering, base reinforcement and cut out corners. Divan heights can also be changed to meet your exact requirements.

Hypnos mattresses can be paired with a wide range of Hypnos divan bases. There's a platform top base available as a deep divan or a shallow divan on legs. These provide a firmer feel to your bed. Firm edge divans are available as a deep divan or shallow divan on legs and with open coil springs or pocket springs. All deep divans have the option of storage drawers. For those that require maximum storage, Hypnos make a SuperStorage ottoman bed, a Hideaway divan base and an EasyStore divan base with larger reinforced drawers.



On display at Oliviers in Barnard Castle and Richmond





## A family name you can trust

Oliviers are a well established family run business, which began in 1958 when Peter and Rosemary Olivier opened their shop at the YMCA buildings in Richmond. However our story begins before that as pre 1958 Mr Joseph Olivier ran a small antique shop and picture framing business. He was a well known character around the local community using a horse and cart for deliveries - those were the days. Peter and Rosemary sold a combination of new and secondhand goods and held regular Auction sales in the market hall, we even diversified into estate agency and carried out furniture removals, an all round service was provided. In 1982 Paul Olivier joined the family firm and became the 3rd generation to ply their trade to the local community and beyond. In 1992 a major refurbishment of the YMCA premises was undertaken making a clean, friendly and informative environment for our valued customers. More expansion was on the agenda and so premises at Barnard Castle were purchased in 1992. The Barnard Castle store, which was 3 times larger than the Richmond premises, offer customers, more choice, value and commitment to good service.

In 2002 the Richmond store moved from the town centre store to new larger showrooms on the Gallowfields Trading estate. We pride ourselves on the fact that we carry such well known brands as Sherborne, Silentnight, Alstons, Old Charm, Vale Upholstery and many more. As a family run business we continue to strive to provide what our customers ask for, what we ourselves would ask for if we were the customer, a pleasant, helpful and knowledgeable staff with the ability to see the face behind the name at all times.

Today our stores offer one of the best displays of quality furniture by famous brands such as Parker Knoll, Himolla, Hypnos, Rest Assured and Harrison Spinks along with ranges of competitively priced furniture available in lounge, dining and occasional, bedroom, beds many with delivery from stock.

In our Richmond store we also offer a pre-loved department where if suitable we may be able to sell your existing furniture for you. Or if you're simply looking for a bargain for say a holiday let or rented accommodation.





## how to buy the best sofa

Sofa, couch, settee – whatever you call it, it's the focal point of your living room and the place you'll relax and unwind. So, it's worth getting right.

Buying a sofa takes time and consideration. You need to pick a style that suits your living space,



a colour you love, a material that lasts and — after all that — it has to actually fit through the front door. Get to grips with the various sizes, fillings and finishes before you part with your cash. A new sofa doesn't have to be expensive, but while there are some things you can skimp on, there are other areas in which it will pay to splash out.

#### Sofa styles

Style is one of the most important considerations to make when choosing a new sofa.

When you're choosing a sofa style, think about what will suit the rest of your scheme, as well as what you like the look of.

Sofas are made up of different parts that determine the overall look and feel of the piece. Get to know the different styles of arms, feet, base and back cushions and you'll begin to notice what elements you like in a sofa. When looking at the silhouette of a sofa, start at the back and choose between a fixed, scatter or cushion back.

#### Fixed back sofa

The back frame of the sofa is sprung and upholstered, rather than using loose or fixed cushions. Offers smart, clean, more formal lines with easy maintenance. Tends to offer slightly firmer seating.

#### Scatter back sofa

The upholstered back frame of a sofa is hidden by loose cushions to give a more informal style. Scatter cushions usually contain polyester fibre or a luxurious feather filling.

#### Cushion back sofa

The conventional sofa is the cushion back. Two or three boxed-sided cushions

of an equal size will be placed across the back.

#### Types of sofa arm

The design of the arm can identify a sofa or chair as classic or contemporary. Low arms tend to signal a more traditional style while higher, and usually slimmer, arms are often spotted on modern and

contemporary sofas. Some people enjoy lying and leaning on a low, flat arm while others prefer the support of something taller. Think about how you lounge on your sofa as well as what you like the look of.



#### Types of sofa leg

Legs (or feet) are so much more than support at the base of the sofa, the legs set the scene. Adding new feet to an older sofa can instantly add a little boost to a dated design. From elegant turned legs to contemporary metal ones, or no legs whatsoever, the choice of sofa leg will influence how the rest of the sofa looks. Glides No visible feet, designed to make the sofa easy to manoeuvre. They are incorporated into the design, often covered by a valance. Sabred/splayed legs Curved wooden legs, usually tapered at the end. A traditional look. Bun feet Round, shallow feet for a subtle, low-impact look. Plinth Some sofas are



designed to appear as if sitting on a platform – ideal for a streamlined appearance. Turned legs A classic wooden style which is turned on a lathe to produce a rounded leg. This style is often found on castors, too. Stiletto A very fine, thin, contemporary leg, normally made of metal for strength.

#### Ordering sofa swatches

Before you decide on a colour and fabric, order several swatches of a variety of fabrics you're interested in. Swatches are usually free, so it's best to get hold of a range of different options. Seeing a picture of your chosen fabric just isn't the same as touching it yourself and looking at it in different lights. Live with the swatches for at least a few days. Look at them in natural and artificial light, to see how they'll look at different times of day. You could even splash some food or drink onto them to see how well they clean up. And, if you're worried about pet scratches — particularly cats — let them claw at the swatches to see how the fabric holds up.

#### Choosing a sofa fabric

Whether you go for soft leather or a relaxed-look linen, the fabric your sofa is upholstered in will set the tone for your living room. For everyday seating in a room you use a lot, you might prefer a hard-wearing man-made fabric with stain protection treatment. Good-quality leather is also a durable choice. Man-made fibres tend to be the most durable – textured flat weaves in particular are among the most hard-wearing and family friendly, as they're more forgiving of stains and less likely to snag.



#### Leather

A natural leather sofa will stretch and crease with age and regular use, softening the shape and feel. Any scuffs or marks will only add to its character. As well as being soft, leather is durable and strong; a real leather sofa will hold up well to everyday use. To clean leather, just use a slightly damp cloth. A real leather sofa usually costs double the price of a faux leather one, but it can last up to four times as long. On the

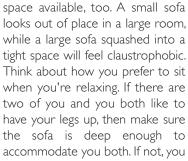
downside, leather sofas can feel chilly to touch when you first sit down in the winter and will get hot and sticky in summer.

#### Woven fabrics

Woven fabrics are particularly durable, so they're a good choice if your sofa is likely to be clambered and bounced on regularly by children or pets. Tough, tightly woven flat weave looks like cotton and is made by combining natural cotton with manufactured fibres to make it really hard wearing. Woven fabrics hold their shape well, so you'll often see them on sofas with a more rigid shape.

#### Velvet fabrics

Velvet is having a resurgence at the moment, so it's an on-trend choice. It's soft to the touch and gives depth to flat colour. However velvets can develop natural lines, bruises and shading over time. Plus, velvet is uncompromising when it comes to spills. You'll need to treat it with care to keep it looking its best.



might need a sofa with chaise end or a reclining sofa. If you like to lie down on your sofa, measure up to make sure it is long enough for you to stretch out. And, if you're tall, a sofa with a higher back will give extra support so that you're not forced to slouch.

Modular sofas are perfect if you're after a more bespoke feel or if you want to start small, but change and grow your seating space over time. Compact sofa Also known as a love seat or snuggle seat, a compact sofa falls between an armchair and a two-seater sofa in terms of size. It's characterised by a single seat cushion and single back cushion.



Foam A common sofa filling, foam provides the firmest support and a more structured appearance. Foam cushions are supportive and helpfully spring back into shape the moment you stand up. Foam sofas keep their tailored shape over time even with constant use and require very little maintenance. All new foam loses about fifteen per cent of its hardness over the first six months of use before it stabilises. This means that a foam sofa may initially feel a little firmer than it might have done when tried out in store. Expect a foam sofa to slowly lose a little volume in time.

Feather A feather-filled sofa invites you to sit down and sink in. Natural, luxurious and comfy, feather is a popular choice. Like fibre, feathers provide a softer, less structured look than foam. However, that sink-in feeling comes at a price; cushions will need regular plumping and turning to keep their generous rounded look and soft support.

#### Should you try a sofa before you buy it?

With more of us shopping online for anything from groceries to holidays, it might seem natural to buy a sofa online too. However, most people still prefer trying sofas out for comfort and quality before buying. Spend time trying different sofas out, even designs you might not obviously like, as you might be surprised by what you find comfortable.



#### **Mobility Specialists**

Here at Oliviers we offer an impressive selection of lift and tilt recliner chairs, and electric beds all on display at ground level available for you to try.

Our lift and rise chairs are fully motorised so

that at the mere touch of a button you will be either reclined or gently lifted from sitting, allowing you to reach your standing position

with ease.

We have a number of experienced sales staff in store to help with your selection & delivery can be

requested as 'express' on certain models.



Choosing a sofa shape – from corner sofas to sofa beds Once you've ordered a few samples and narrowed down your fabrics. It's time to work out what size and shape sofa will fit and suit your space. From elegant chaises longues to practical sofa beds, sofas come in a variety of shapes and sizes. Whether you get to enjoy your sofa all to yourself, have to fight for the best spot with a large household or share it with a beloved pet, how you use it will influence the size you choose. But to get it looking just right in your room, you'll need to be realistic about the

#### How do you measure a sofa?

It might seem obvious, but always measure the space where your sofa is going to go carefully. There's nothing more annoying that going through the process of choosing a sofa, having it delivered and then finding it doesn't fit. If it's being delivered pre-assembled, make sure you measure up your door frames too, and allow for any tight angles. If it doesn't fit through the front door, you'll be heading back to the drawing board.

It's very important to think about the filling. Ultimately, you'll be sitting on your sofa for

> many hours, days and years to come, so getting the filling just right will impact how comfy you find your sofa to snuggle up on. The main three sofa fillings are fibre, foam and feathers.

Fibre If you like your sofa to feel like it's giving you a big hug at the end of the day, fibre could be for you.



















# buying guide to shop for the bed of your dreams

Replacing your mattress can be exhausting. Navigating the stores and websites, debating between foam and springs, and determining spend can leave you feeling like you need a good nap.

One thing to keep in mind: there isn't one model that'll work for everyone and it's important to focus on picking out the best

### What to consider when choosing your

The most important aspect is that your spine stays aligned when you lie down. Your sleep position, body type and personal preferences for the feel and materials will all play a role in determining which mattress is best suited have back pain or get woken up by your sleeping partner. We've broken these questions down to help you decide.

#### **Mattress Types**

You can find a wide range of firmness levels and price points for most material options on the market. Memory foam and innerspring beds are the most popular, but it how to select your mattress type:

#### **Memory Foam**

Memory foam mattresses offer the best pressure relief because they adapt to your body and take weight off pressure points. Users describe lying on foam beds as feeling like they're being cradled. These mattresses are especially ideal for side sleepers or anyone with back pain because they help less stress on your shoulders and hips. They also help with motion isolation, so you're less likely to feel your sleeping partner move. There are often multiple layers with firmer foam on the bottom for durability and support and softer foam on top for comfort. trap in heat more easily, though many brands now offer built-in cooling features to prevent

overheating.

These mattresses are somewhat similar to memory foam, but latex is made from rubber

trees and may be used in organic mattresses. foam and it's more resilient, so you can expect it to be bouncy with less of a sinking-in feel.

#### **Inner Spring**

These beds are made of steel coils, making them firmer and providing more bounce. Innerspring mattresses feel familiar to many shoppers, especially compared to the boxed mattresses that have become popular in recent years. They're more suitable for back firmer surface to keep the spine aligned.

Consider both coil gauge and coil count when you shop. Coil gauge tells you how thick the steel is; it typically ranges from 12-15 and a lower number means it's firmer and more durable. Coil count tells you the model will have at least 400 coils in a Queen which means each spring is individually wrapped (instead of webbed together) for targeted support.

#### Hybrid

Hybrid mattresses use a combination of memory foam or latex and coils so you don't have to pick just one. Coils sit on the bottom for support, while foam sits on top for - especially from bed-in-a-box brands - feel very similar to foam beds when you lie down. Just note that they're going to be more expensive and heavier to set up than their all-foam alternatives.

#### Adjustabl<u>e</u>

control the mattresses firmness level. They're especially useful for couples that have different preferences. They're expensive, purchase was well worth the splurge thanks to the quality sleep they achieve.

#### Firmness Levels

Mattresses are typically described as soft, medium-firm beds are the most popular because they suit a wide range of needs. When picking out your firmness level, it's important to take into account both your sleep position and body type:

#### Sleep Concerns

Besides picking out the right mattress type and firmness level, also consider specific are common issues and what to look for:

#### **Hot Sleepers**

A cooling mattress can help you stay at a comfortable temperature throughout the night, especially if you overheat as you sleep. While many factors - like physical conditions and summer heat - can contribute to night magically disappear, the right bed can certainly help alleviate hot sleeping.

Just note that not all cooling materials are the same and memory foam tends to be the worst offender for trapping in heat.

Built-in cooling technology: Embedded metal particles (like copper), gel and phase-change technology are often used in foam beds to draw heat away from the body. Metal and gel can help prevent overheating, but their cooling effects tend to be less noticeable in real use. Phase-change technology has the ability to store and release heat so it's your best for all-night temperature regulation. you'll notice cooling covers that have an instant chilling effect. These draw in heat immediately, but won't stay cool overnight. Breathable construction: Innersprings and some hybrids (with more coils than foam) will allow for more airflow than all-foam mattresses.

#### Back Pain

pressure relief and a medium firmness level for support and spine alignment. We've consulted doctors that specialize in back pain, who say that an underlying issue is likely causing the back pain, but the right mattress can be one step in alleviating discomfort. In mattress can improve pain, stiffness and sleep quality up to 50-60%.

Visit our bed experts in both stores today. We specialise is odd sizes and also offer a contract bed service for hotels, B&B's, holiday lets.

# make dinner time a family time!



As a nation, we're falling out of love with our dining tables. From working late to 'TV dinners' to desk lunches and even eating in bed, we've somehow managed to drift away from what was once considered an integral part of family life. But where are we eating instead, and why? And what's the impact of this on both our physical and mental health? Read on to find out just why it's so important that we reclaim the dining table

There's a fair few of us who are failing to eat at the dining table. There are lots of downsides

Huge Range of dining and living furniture on display

to this – from poor digestion to increased feelings of anxiety and sadness, to overeating in general.

Although a lot of us are eating regularly elsewhere, we actually enjoy eating at the dining table – and even see it as an integral part of family life. We also tend to associate it with some really positive stuff, like healthy, home-cooked food.

All in all, it's clear that people have a pretty positive view of eating at the dining table. It can help us in an array of physical and

psychological ways – from lower BMIs, to helping us differentiate between emotional and physical hunger, to improved selfconfidence in children.

Despite the risks of indigestion, overeating, and indulging in junk food, it seems most of us just can't resist the allure of the 'TV dinner'. A lot of us are also avid restaurant goers, and even more are guilty of eating at our desks or workplace more than our own dining table.

Why then, if so many of us aware of the benefits of eating around the dining table, are we failing to do so regularly? Well, perhaps unsurprisingly it looks



like many of us simply can't settle down to dinner without one of our favourite shows on the telly — and actually prefer this to participating in conversation over their meals. There could also be a chance that what people are eating is having an impact on their decision to eat on the sofa, with lots of people regularly getting takeaways — aka the perfect 'TV dinner' — as well as pre-packed 'ready meals'. The stats show us that a lot of this probably boils down to simply being too busy to cook.

And finally... What can we do about it?

There can be lots of reasons we put off eating around the dining table, from kids' tantrums to not feeling as though we have enough time.

#### Design a dining space to be proud of

If people find eating at the dining table a struggle, try making the space more attractive – that means no clutter and mess! And if you don't have room for a big dining table, don't be put off – experiment with different shapes, styles and materials - perhaps consider an oak dining table or an extendable dining table option!



#### Banning phones at meal times

Try to ban all tech from your mealtimes to prevent distraction while eating – but be sure to go by your own rules if you do. Parents need to model appropriate behaviour for their children, so there's no point insisting that the children can't use tech if they're guilty of checking emails!

#### Carve out some real time for eating

To avoid negative feelings of anxiety and stress caused by eating on the go at work, be sure

to carve out dedicated time for your lunch break in which you pay attention to your emotions and to eating.

#### Create a sense of routine

Develop a structured mealtime routine to make it a regular part of your day: set the table, institute a regular time each day, and communicate work and afterschool schedules with family members. Encourage children to talk meaningfully about their days.



#### Get the kids involved

To make dining around the table more enjoyable for children, involve them in food prep and shopping, and when you sit down to eat - try to keep conversation interesting for the whole family!

From beautiful new dining sets, to digital detoxes and eating mindfully, there are plenty of ways to reclaim your mealtimes as an enjoyable, stress-free part of healthy living. Goodbye TV dinners, hello health and happiness.

#### Working from home?

Although life is slowly returning to some normality, many companies and employees alike will continue with home office working. If you're looking for the perfect home office then we have the solution. Individual pieces of quality furniture which can be used separately or placed together to create a home office to suit you. There are three height levels of furniture with a unit/hutch combination to enable you to achieve a fully fitted effect, or choose from the selection of sets.

Bespoke Home Office Configurations, available to view on line at oliviersfurniture.co.uk





#### **Finishing Touches**

In this day and age, trying to find small occasional pieces of furniture, kitchen table sets, unusual gifts, is a rare commodity. A trip to Oliviers will ensure you'll find what your looking for, at a price to suit every pocket.



#### **NEW Garden Furniture Range**

This Spring we are delighted to announce the arrival of a new range of garden/conservatory furniture. Available to view in store and on line from the comfort of your own home.

Visit oliviersfurniture.co.uk



# Storage solutions for a clutter free bedroom



So you may have gone a little overboard during the January sale. Maybe you just can't bear to get rid of your collection shoes and boots. Whatever the reason, there's a good chance that your bedroom could use a little or a lot more storage.

While living areas are often the first we organise and tidy up to impress guests, the private nature of the bedroom means it can easily become a dumping ground for miscellaneous items and wardrobe overflow.

Not only does this create a chaotic environment, but researchers have actually found that the more cluttered and messy someone's bedroom is, the more likely they are to have a sleep disorder. Since there are only so many sheep you can count, we're here to show you that there are modern bedroom storage solutions that can help bring calm to your chaos.

Whether you live in an old Victorian-style mansion, a City penthouse, or an open-

concept studio loft, it seems that storage space is always at a premium.

#### Chest of Drawers

A piece that has plenty of space for all of your bedroom and sartorial necessities, yet seems to blend in seamlessly to any space. A dresser isn't looking for any glory, but rather is invested in providing a safe and beautiful spot for owners to tuck away their things.

Tall or wide - the choice of display in store and online at Oliviers is endless and we have styles that will fit any décor or space

#### Bedside Cabinets

Sometimes you're all tucked into your gorgeous bed, the lights are off, and your wizard-like sleeping cap is on, when you're suddenly hit with a genius idea for your upcoming work project. You don't want to get out of bed, and guess what? You don't have to.



Thanks to the little notebook and pen you keep in your bedside cabinet, you're able to quickly jot down your idea and snuggle back into those sweet, sweet dreams.

Bedside cabinets are like the wallets or handbags of the bedroom. Hear us out. They give you space to keep all of your bedtime necessities conveniently closeby, while still giving you an organized appearance.

#### Unusual Storage Solutions

Now that we've covered the beautiful basics of bedroom storage, it's time to think outside of the box (or chest of drawers). In addition to these core pieces, you might still be looking for a few more spots where you can maximise storage space.



One spot you might not have looked yet? Under the bed. The bed is often a breeding ground for dust bunnies and lost hair ties space that could be put to much greater use with the addition of underbed storage.

From standard four drawers, end drawers, continental drawers, allowing bedsides to be opened, through to the evermore popular ottoman bed - giving maximum storage solution.

Sweaters, cozy shirts, and your extensive shoe collection all have a designated spot tucked away in your choice of under bed storage options.

When you get creative and look beyond conventional storage pieces, suddenly a whole world of solutions opens up. For example, a monks bench is stunning in a

dining room or hallway, but imagine it at the end of your bed? Now you've got a spot to sit and put your stilettos on, plus generous drawers for extra storage.

Alternatively, man's best friend has a new spot to sleep - plus drawers for all of his toys and other canine accoutrements.





#### Rauch

Designing a bedroom interior needs precise planning to ensure the space is used as efficiently as possible. But how many people plan wardrobe interiors with this level of care? A customised Rauch wardrobe design is a fantastic way of gaining - and maintaining huge amounts of space. And there are amazingly practical solutions available to do this: clothes lifts, door dampers, pivoted lights and laundry baskets to name just a few... See the extensive range of Rauch bedroom furniture on display in both Oliviers stores in Barnard Castle and Richmond.

When it comes to modern bedroom storage, there are no rules. Whether in the dining or bedroom, a sideboard brings fashion and function to your space.

Nobody ever said that a sideboard needs to stay in the dining room, either. Sideboards offers a variety of drawers and shelves that could be the perfect fit for your bedroom storage needs. Or maybe you love watching spooky movies in bed and need a spot for your big screen TV. Bring a media unit out of the living room and into the bedroom to keep things chic - while adding additional storage.

So if you're looking to create your haven for sleep, then Oliviers have the answer! Call into either of our stores and speak to our bed experts today. Or browse on-line at oliviersfurniture.co.uk

#### Wardrobes

Semi fitted or free standing, sliding doors, mirrors. At Oliviers we offer a huge choice from traditional solid wood ranges to the latest in German design, with a bespoke choice of fixtures and fitting.

#### Wiemann

Wiemann's range of bedrooms and wardrobes offers a fabulous choice of designs, styles, finishes and storage solutions to suit large rooms or small, modern or traditional tastes, those on a tight budget or wanting to invest in the best. From the master bedroom and dressing room, to the kids' room or the guest room, there's a Wiemann bedroom or wardrobe that's just the thing. Delivered and fitted into your home on display at Barnard Castle



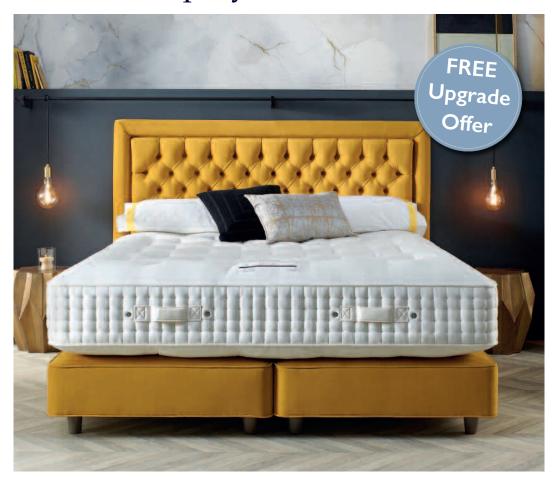
### Harrison Spinks Bespoke Mattress and Bed Range



# Harrison Spinks

Family Bedmakers Since 1840

On display at Oliviers in Barnard Castle





A sustainable night's sleep
Each mattress is handcrafted in North
Yorkshire using sustainable natural fillings
and 100% recyclable springs. The luxury
collection on display in our Barnard Castle
store is perfect for a healthy sleep and
healthy environment.





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